

HOSPICE HAPPENINGS

Hope Hospice & Palliative Care, Inc. September, 2018

HAVE A SAFE AND
ENJOYABLE LABOR DAY
WEEKEND

SEPTEMBER IS:

- ⇒ Classical Music Month
- ⇒ Hispanic Heritage Month
 - ⇒ Fall Hat Month
- ⇒ International Square Dancing Month
- ⇒ National Blueberry Popsicle Month
- ⇒ National Courtesy Month
- ⇒ National Piano Month
- ⇒ Chicken Month
- ⇒ Baby Safety Month
- ⇒ Little League Month
- ⇒ Honey Month
- ⇒ Self Improvement Month
- ⇒ Better Breakfast Month

**MARK YOUR CALENDAR
VOLUNTEER MEETING
SEPTEMBER 17TH 4 PM
HOPE HOSPICE OFFICE**

Veterans' Outreach Day was held at the Taylor Co. Fairgrounds on Saturday, Aug. 25. Various organizations that benefit veterans were invited to display their programs and materials. Jeff Hein, Taylor Co. Veterans' Service Officer, organized a special program to honor Cold War veterans (conflicts in Iraq, Afghanistan, etc. All veterans present received a commemorative coin for their service to our country. Again this year, there was a Vietnam War era helicopter on the grounds available for people to take a ride. As a result of our participation in this event, Hope Hospice received a Challenge Coin with the following inscription: "Thank You for supporting our Veterans."

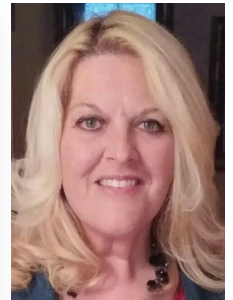
What a special day!

David Clements



PAIGE OLSON

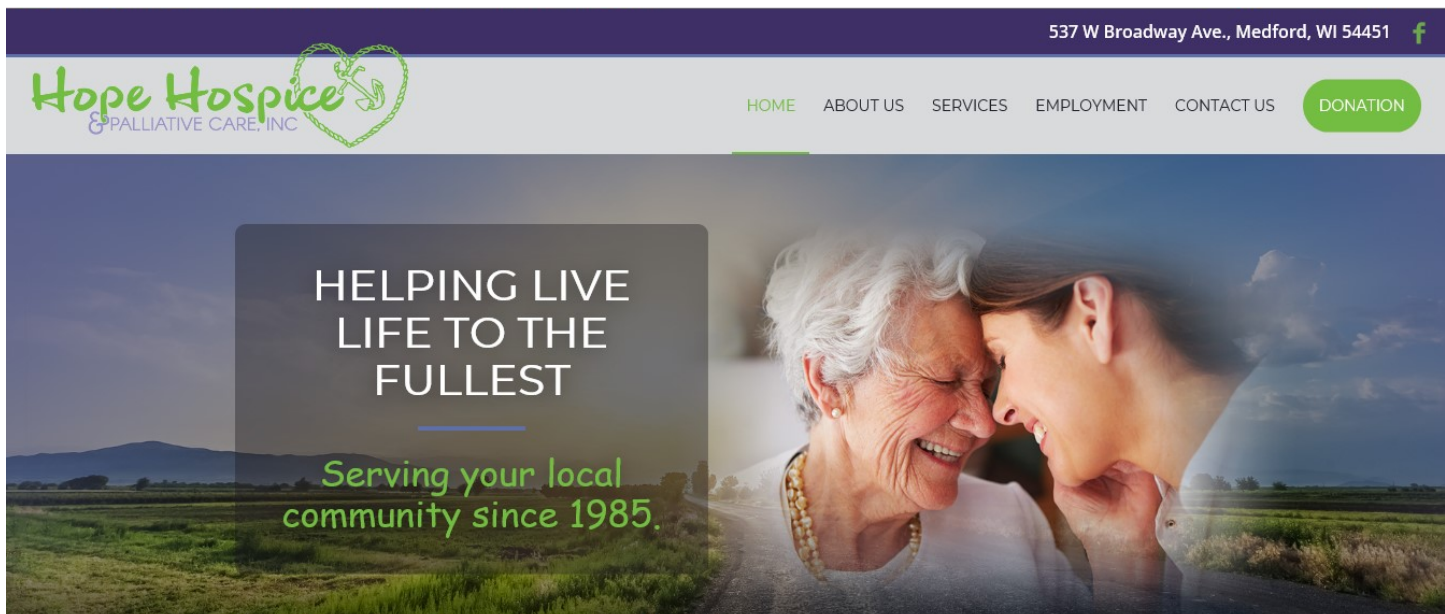
Welcome To
THE TEAM



TRACIE BARNES

Please help us welcome our newest team members. Paige Olson is one of our CNAs and Tracie Barnes is one of our RN Case Managers. We are all thankful to have you both on our team.

PLEASE TAKE A LOOK AT OUR NEW WEBSITE AT: hhospice.com



NATIONAL ASSISTED LIVING WEEK IS SEPTEMBER 9TH THROUGH THE 15TH

OUR HOUSE ASSISTED LIVING IS HOLDING SPECIAL EVENTS THROUGHOUT THE WEEK FOR THEIR RESIDENTS.

WE AT HOPE HOSPICE HAVE BEEN ASKED TO PARTICIPATE IN SOME OF THE EVENTS.

ON SEPTEMBER 11TH OUR VOLUNTEERS, PAT WALDHART, KATHY BRUNNER AND JEAN SEIDEL ARE HELPING WITH THE BINGO GAMES.

ON SEPTEMBER 13TH OURHOUSE ASSISTED LIVING IS HAVING A SPA DAY AND OUR MASSAGE THERAPIST IS DONATING TIME TO PROVIDE CHAIR MASSAGES FOR THE RESIDENTS WHO WANT THEM.

THANK YOU VERY MUCH TO THOSE THAT TAKE TIME OUT OF THEIR DAYS TO HELP OUT AND PUT A SMILE ON THE FACES OF OURHOUSE ASSISTED LIVING RESIDENTS.

SAVE THE DATES

SENIOR FAIR : OCTOBER 19TH

OGEMA CAREGIVER CONFERENCE : NOVEMBER 12

FINAL DAYS

FROM HOSPICE & PALLIATIVE NURSES ASSOCIATION

What are the signs that a person is near death?

As death nears, the person may:

- ◆ Sleep more
- ◆ Speak to people not present
- ◆ Talk about leaving or talk about a trip or journey
- ◆ Withdraw from people or have little to say
- ◆ Eat or drink less
- ◆ Have trouble swallowing
- ◆ Become more confused
- ◆ Make moaning sounds
- ◆ Lose control of urination and bowel movements
- ◆ Have moist breathings or sound congested
- ◆ Breathe differently, such as long periods without breathing followed by several quick, deep breaths
- ◆ Have blurred vision
- ◆ Not hear as well as usual
- ◆ Have less pain or need less pain medication
- ◆ Have hands and arms or feet and legs that are cool to the touch
- ◆ Turn blue around nose, mouth, fingers, toes

What to report to the hospice/palliative care team?

- ◆ Changes in the person such as restlessness or anxiety, changes in breathing, pain or discomfort
- ◆ Need for spiritual support or guidance for the person or family
- ◆ Concerns that may need help from the social worker, chaplain or other members of the hospice team
- ◆ Religious, cultural or ethnic traditions important to the family

The hospice/palliative team will also ask for information about the funeral home and other arrangements that are wishes of the person, such as organ donation.

What can be done?

The team will work with the person to relieve symptoms and provide comfort

Things you can do:

- ◆ Allow the person to sleep as much as he or she wishes
- ◆ Include the children of the family in a way that is sensitive to their age and willingness to be involved
- ◆ Reposition the person if it makes him or her more comfortable
- ◆ Moisten the person's mouth with a damp cloth if the person has a fever or is hot, apply a cool cloth to the forehead
- ◆ Give medications as ordered to decrease symptoms such as anxiety, restlessness, agitation or moist breathing
- ◆ Write down what the person says, reading it later may comfort you
- ◆ Continue to talk to the person and say the things you need or want to say. Remember that the person may be able to hear, even when not able to respond
- ◆ Keep a light on in the room, it may be comforting
- ◆ Play the person's favorite music softly
- ◆ Encourage visitors to identify themselves when talking to the person
- ◆ Keep things calm in the environment
- ◆ Open a window or use a fan in the room if the person is having trouble breathing
- ◆ Continue to touch and stay close to the person

Conclusion: It is important to talk to your hospice/palliative care team about any concerns you may have. During this difficult and stressful time it is important that caregivers take care of themselves while caring for the person who is dying. The team will be there to provide support and comfort.

SEPTEMBER 2018

FLOWER: ASTER

BIRTHSTONE: SAPPHIRE

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	Labor Day 	4	5	6	7	8
					End of Pay-period Timesheets due	
9	10	11	12	13	14	15
 NATIONAL ASSISTED LIVING WEEK				IDT 8 AM 	PAYDAY 	
16	17	18	19	20	21	22
Step-Family Day	VOLUNEER MEETING 4:00 PM				End of Pay-period Timesheets due	
23	24	25	26	27	28	29
First Day of Autumn 				IDT 8 AM 	PAYDAY 	
30						

